



photo: Christian Chery

Nancy Stark Smith

first trained as an athlete and gymnast, leading her to study and perform modern and post-modern dance in the early 1970's. She danced in the first performances of Contact Improvisation in 1972 and has since then been centrally involved in its development as dancer, teacher, performer, writer/publisher and organizer. She travels worldwide teaching and performing contact and other improvised dance work, collaborating with many favorite dance partners and performance makers including Steve Paxton, Karen Nelson, Andrew Harwood, Julyen Hamilton, and more recently musician Mike Vargas. In 1975 she co-founded Contact Quarterly dance journal, which she continues to edit and produce.

Mike Vargas

began studying music in 1959. His curiosity and love of collaboration have led him through a very wide variety of contexts and cultures, from Indonesian cocktail lounges to underground clubs on New York's Lower East Side, from New Music America to Playback Theater and the Kennedy Center. Though improvising is a priority, he has released five CDs to date and has composed commissioned scores for over 50 choreographers, among them Bebe Miller, Liz Lerman, Barbara Dilley, and Brenda Buffalino. Vargas has taught improvisation at the Bates Dance Festival, Tanzsommer Innsbruck, Naropa University, and many colleges across the U.S. For the past seven years, he has been working with Nancy Stark Smith.

photo: Lori Teague



Contact, Music, and 86 Aspects of Composition

In this workshop, we will dance, listen, watch, and dance some more. We will combine our practice of Contact Improvisation with the pleasure and discipline of listening to sound. In addition to deepening and refining our C.I. skills and practice, we will work with C.I. in combination with many species of live and recorded music as well as ambient sound. While maintaining a strong kinesthetic base of sensation and physical awareness, we will practice perceiving the composition of our environment, of movement, and of sound, separately and together. Using Mike's 86 aspects of composition as a reference and common language, we will develop a greater understanding of how things are organized and apply this understanding to our dancing, listening, and improvising in C.I. In addition, there will be hands-on music-making exercises to help us feel the weight and organization of sound from the inside.

Our goal is to promote a variety of specific, conscious relationships between what we hear and how we move. In solos, duets, trios and larger ensembles, we'll use the physical principles of C.I. to improvise dances that are deeply felt and at the same time in contact with the sound and the organization of the world around us.

dancetimes

23rd - 30th of July 05

	Sat	Sun	Mon	Tue	Wen	Thu	Fri	Sat
10:00 - 13:00								
14:30 - 17:30				break				
19:00 - 23:00					Salon focused Jam			

photo: Jennifer Kavle



The workshop is for intermediate/advanced level in C.I.

The course will be taught in English.

Salon with Mike Vargas

Concert and Discussion, structured improvisation in music and dance.

Mike Vargas will play some of his compositions/structured improvisations for piano and talk about their relationship to dance improvisation, followed by an informal discussion and focused Jam.

This event is **open** to anyone but may be of special interest to those who improvise with music and dance, composers, choreographers, and practitioners of Contactimprovisation.

contribution: 5 Euro for guests

Registration Form

Contact, Music, and 86 Aspects of Composition

taught by Nancy Stark Smith and Mike Vargas

23rd - 30th July 2005

name

address

city/state/country/zip

home phone

work phone

email

For intermediate/advanced level in C.I. .
The course will be taught in English.

The fee of the workshop is 370 EUR.

Early registration, till June 23rd, will be 340 EUR.

Your registration is legally valid and obliged to send the deposit of 100 Euro (or full price, 370/340 Euro). If you cancel before Juni 23rd we keep 30 Euro back for our effort. If you cancel later we keep the whole deposit of 100 Euro.

We can help to organize housing in Freiburg (for about 5/10 EUR per night). Give us a call if you need.

Participation is at my own risk. I recognize, the organizers and teachers are not liable for any damages or injuries!

date/sign

Experience in dance, music and CI:

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photo: Tinu Hettich

Contact, Music, and 86

Aspects of Composition

workshop taught by

Nancy Stark Smith (dance)
and **Mike Vargas** (music)

photo: Barbara Stahlberger



Info

mail to:

Eckhard Müller | Bettackerstr. 8 | 79115 Freiburg

call: Eckhard Müller | 0049 - (0)761 - 476 53 84

Barbara Stahlberger | 0049 - (0)178 - 60 73 673 mobile

Benno Enderlein | 0049 - (0)761 - 707 85 33

email:

mullecki@web.de | babasta@web.de | bennoenderlein@web.de

bank: Volksbank Freiburg | BLZ 680 900 00

Benno Enderlein | KoNr 25 12 65 21

swift code: BIC: GENODE61FR1 | IBAN: DE44 6809 0000 0025 1265 05

23. - 30. July 05

Freiburg im Breisgau/Germany